


Online



KSSSiD

08 - 09.10.2020

10.10.2020

**ВЗК**  **ИВ**  
национальный  
ФОРУМ

**INFLAMMATORY  
BOWEL DISEASES**  
VIRTUAL EXPERIENCE

**PROGRAM**

[www.kas1.kz](http://www.kas1.kz)



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## SCIENTIFIC ORGANIZERS



## EVENT COORDINATOR



GENERAL SPONSORS



MAIN SPONSOR



SPONSORS



PARTICIPANTS



## ORGANIZING COMMITTEE

**Azhar Giniyat**

(Honorary Chairperson)

**Talgat S. Nurgozhin**

(Honorary Chairperson)

**Roza T. Kuanyshbekova**

(Honorary Chairperson)

**Jamilya A. Kaibullayeva**

(Chairperson)

**Alexander V. Nersesov**

(Co-Chairperson)

**Almagul E. Jumabayeva**

(Co-Chairperson)

**Aidana S. Kaliyakparova**

(Executive Secretary)

**Dilfuza K. Shukanova**

**Aigul M. Raissova**

**Neilya A. Myrzabayeva**

**Elmira K. Kuantay**

**Alma S. Khabizhanova**

**Laura K. Erdaliyeva**

**Ainash S. Tanabayeva**

**Mazhit K. Abdykadyrov**

**Marina V. Fedosina**

**Gulzada S. Kasembekova**

**Saltanat Z. Nurtazina**

## GENERAL INFORMATION

### FORUM DATES

08.10.20 – 09.10.20 16:00

### MASTER CLASS DATE

10.10.20 10:00

**Events are held ONLINE  
on the web platform**

### TECHNICAL REQUIREMENTS TO JOIN THE PLATFORM

- PC, OS: **windows/macOS**
- RAM: at least **1 Gb**
- Network: at least **5 Mbps**
- Preferred browser: **Chrome, Mozilla**
- **Internet Explorer** browser **doesn't enable** access to the web platform

### INFORMATION FOR SPEAKERS

- 1 day before the event, you will receive by e-mail and on your cell number a link to enter zoom
- On the day of the event, please join Zoom meeting room using this link 40 minutes before the start of your lecture
- Type of Presentations should be in MS Power Point format 3:4
- The device from which you will share your screen with presentation must have a video camera
- Please secure a spare device to join Zoom meeting room in case of link failure
- Questions from participants will be sent in writing to Zoom chat box. Please answer the questions at the end of the lecture. Please mind that response time is no longer than 5 minutes
- If you lose your connection, please contact technical support team immediately

If you fail to log in or need help, write technical support on  
WhatsApp number: +7 701 500 8870

## GENERAL INFORMATION

### INFORMATION FOR PARTICIPANTS

- To register in the forum please use the following link to enter your data

[forum registration](#)



- To register in master class please use the following link to enter your data

[master class registration](#)



- If you already have an account, please enter only your cell number
- 30 minutes before the event starts you will receive a reminder by email or text message sent to your cell number indicated during the registration Please click on the received link to enter the waiting room

- You can ask questions to the speakers during the event
- At the end of the event an evaluation survey will be available on your personal account. You will also receive a Participation Certificate in electronic format upon completion of the event

### ATTENTION!

**The Organizing Committee will check attendance of the participants during the event. Please mind that Participation Certificate will be issued only for those who achieved 70% of attendance time**

### VIRTUAL EXHIBITION

Don't forget to visit our virtual exhibition

[virtual exhibition](#)



### ORGANIZING COMMITTEE CONTACTS

mob: +7 747 274 1279

e-mail: [info@kasl.kz](mailto:info@kasl.kz)

web: [www.kasl.kz](http://www.kasl.kz)

If you fail to log in or need help, write technical support on  
WhatsApp number: +7 701 500 8870

08.10.2020 | **THURSDAY**

**15:30 – 16:00** Registration

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**16:00 – 16:10** Welcome message  
Jamilya A. Kaibullayeva, Chairperson, Alexander V. Nersesov, Co-Chairperson

### SESSION 1

#### THE MODERN CONCEPT OF IBD ETIOPATHOGENESIS

**Moderators: N.Fliss-Isakov, Diana I. Abdulganiyeva,  
Alexander V. Nersesov**

**16:10 – 16:30** Pathophysiology and therapeutic targets of IBD. Modern opportunities of pharmacotherapy and adherence control  
Diana I. Abdulganiyeva (Kazan, Russia)

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**16:30 – 16:50** Dietary risk factors for IBD  
Naomi Fliss-Isakov (Tel-Aviv, Israel)

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**16:50 – 17:00** Discussion

### SESSION 2

#### BASIC THERAPY OF IBD

(PATIENT WITH MINIMAL AND MODERATE ACTIVITY)

**Moderators: Irina V. Gubonina, Elena M. Laryushina, Jamilya A. Kaibullayeva**

**17:00 – 17:20** Mesalazines in the treatment of IBD: indications, benefits of therapy (on the example of clinical cases)  
Elena M. Laryushina (Karaganda, Kazakhstan)

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**17:20 – 17:40** Mesalazine in the coloproctologist practice  
Saule S. Khamzina (Nur-Sultan, Kazakhstan)



**17:40 – 18:00** Modern possibilities of steroid therapy for Crohn's disease:  
a review of recommendations  
Irina V. Gubonina (St. Petersburg, Russia)

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**18:00 – 18:20** Microbiome, metabolome and IBD  
Andrey E. Dorofeyev (Kiev, Ukraine)

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**18:20 – 18:30** Discussion

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**18:30 – 18:40** **COFFEE BREAK | Visiting a virtual exhibition**

### SESSION 3

#### MANAGEMENT OF PATIENTS WITH MODERATE AND HIGH ACTIVITY OF IBD

**Moderators: Diana I. Abdulganiyeva, Andrey E. Dorofeyev**

**18:40 – 19:00** Modern goals of ulcerative colitis treatment: focus on long-term efficacy and safety  
Andrey E. Dorofeyev (Kiev, Ukraine)

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**19:00 – 19:20** Advantages of subcutaneous forms of biological drugs in the treatment of IBD in the context of the COVID-19 pandemic. The principles of therapy selection and monitoring  
Diana I. Abdulganiyeva (Kazan, Russia)

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**19:20 – 20:00** Early IBD Control  
Stefan Schreiber (Kiel, Germany)

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**20:00 – 20:20** Biological therapy: successful IBD treatment  
Marina V. Shapina (Moscow, Russia)

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**20:20 – 20:30** Discussion

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**20:30** Closing  
Jamilya A. Kaibullayeva

**09.10.2020 | FRIDAY**

**SESSION 1**  
**IN STEP WITH THE TIMES: MODERN TECHNOLOGIES OF IBD AND  
COMPLICATIONS EARLY DIAGNOSIS**

**Moderators: Ekaterina Ivanova, Aigul M. Raissova**

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|----------------------|---|
| <b>16:00 – 16:20</b> | Endoscopy in the COVID-19 era<br>Ekaterina V. Ivanova (Moscow, Russia)  |
| <b>16:20 – 16:40</b> | Additional opportunities in the diagnosis of complications<br>of IBD: radiation diagnostics<br>Angelika K. Meiramova (Nur-Sultan, Kazakhstan) |
| <b>16:40 – 16:50</b> | Discussion  |

**SESSION 2**  
**CORRECTION OF NUTRITIONAL DISORDERS AND BIOREGULATION OF  
THE INTESTINAL MICROBIOTA**

**Moderators: Ilya N. Leiderman, Vladimir V. Chernyavsky,  
Jamilya A. Kaibullayeva**

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|----------------------|--|
| <b>16:50 – 17:10</b> | Features of nutritional therapy for IBD<br>Ilya N. Leiderman (St. Petersburg, Russia)  |
| <b>17:10 – 17:30</b> | Correction of the gut microbiota of IBD: a review of global<br>and local experience in real practice<br>Jamilya A. Kaibullayeva (Almaty, Kazakhstan) |
| <b>17:30 – 17:50</b> | Practical aspects of correction of intestinal microbiota<br>Vladimir V. Chernyavsky (Kiev, Ukraine)  |
| <b>17:50 – 18:00</b> | Discussion   |
| <b>18:00 – 18:10</b> | <b>COFFEE BREAK   Visiting a virtual exhibition</b>  |

SESSION 3  
INTERDISCIPLINARY INTERACTION – EXPERIENCE OF  
THE REPUBLIC OF KAZAKHSTAN  
**Moderators: Aigul K. Ibrayeva, Asyltay N. Nauryzbayeva**

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|----------------------|---|
| <b>18:10 – 18:30</b> | Indicators of the effectiveness of IBD therapy (prevention of complications). Managing IBD in the COVID-2019 Pandemic<br>Jamilya A. Kaibullayeva (Almaty, Kazakhstan) |
| <b>18:30 – 18:50</b> | MMX technology – a place in gastroenterology<br>Jamilya A. Kaibullayeva (Almaty, Kazakhstan)  |
| <b>18:50 – 19:10</b> | Management of IBD in children and adolescents<br>Aigul K. Ibrayeva (Nur-Sultan, Kazakhstan)   |
| <b>19:10 – 19:30</b> | Biological therapy of IBD in the Republic of Kazakhstan<br>Aigul M. Raissova (Almaty, Kazakhstan)   |
| <b>19:30 – 19:50</b> | Surgical treatment of IBD: international recommendations and local experience<br>Asyltay N. Nauryzbayeva (Nur-Sultan, Kazakhstan)                                     |
| <b>19:50 – 20:00</b> | Discussion  |
| <b>20:00 – 20:20</b> | Discussion. Closing<br>Alexander V. Nersesov, Aigul M. Raissova, Aigul K. Ibrayeva, Asyltay N. Nauryzbayeva, Jamilya A. Kaibullayeva                                  |